

# Vietnamese-Style Pork & Pear Tacos

with Garlic Aioli























Garlic Aioli

Long Green Chilli (Optional)



Mini Flour Tortillas

**Pantry items** 

Olive Oil, Soy Sauce



green chilli)

Sweet and savoury pork is the star of this crowd-pleasing meal. Easy and satisfying, the tacos come together in a snap, with lots of veggies for everyone to build their own and join in the fun!



# Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

### You will need

Large frying pan

# Ingredients

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	2 People	4 People		
olive oil*	refer to method	refer to method		
garlic	2 cloves	4 cloves		
cos lettuce	½ head	1 head		
pear	1	2		
carrot	1	2		
pork mince	1 medium packet	1 large packet		
soy sauce*	½ tbs	1 tbs		
hoisin sauce	½ packet (37.5g)	1 packet (75g)		
garlic aioli	1 packet (50g)	1 packet (100g)		
long green chilli (optional)	1/2	1		
mini flour tortillas	8	16		
beef mince**	1 packet	1 packet		

<sup>\*</sup>Pantry Items \*\*Custom Recipe Ingredient

## **Nutrition**

#### Base Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3637kJ (869Cal)	721kJ (172Cal)
Protein (g)	41.2g	8.2g
Fat, total (g)	43.7g	8.7g
- saturated (g)	12.7g	2.5g
Carbohydrate (g)	74.8g	14.8g
- sugars (g)	21.9g	4.3g
Sodium (mg)	1448mg	287mg

#### **Custom Recipe**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3533kJ (844Cal)	683kJ (163Cal)
Protein (g)	43.6g	8.4g
Fat, total (g)	34.9g	6.8g
- saturated (g)	10.6g	2.1g
Carbohydrate (g)	85.8g	16.6g
- sugars (g)	27.3g	5.3g
Sodium (mg)	1398mg	270mg

The quantities provided above are averages only.

## **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

If you have any questions or concerns, please visit hellofresh.co.nz/contact

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# Get prepped

Finely chop garlic. Shred cos lettuce (see ingredients). Thinly slice pear.
 Grate carrot.



# Prep the toppings & heat the tortillas

- While pork is cooking, add garlic aioli to a small bowl. Season with salt and pepper, then stir to combine. Set aside.
- Thinly slice long green chilli (if using).
- Microwave mini flour tortillas on a plate for 10 second bursts, until warmed through.



# Cook the pork

- In a large frying pan, heat a drizzle of olive oil over a high heat. Cook pork mince, breaking up with a spoon, until just browned, 4-5 minutes.
- Add garlic and another drizzle of olive oil to pork and cook until fragrant,
   1 minute.
- Add soy sauce and hoisin sauce (see ingredients) and cook until combined,
   1 minute.

#### **CUSTOM RECIPE**

If you've swapped your pork mince for beef mince, cook it in the same way as above.



# Serve up

- Spread a thin layer of aioli over tortillas.
- Top with some cos lettuce, carrot, pear, chilli (if using) and Vietnamese-style pork.

# Enjoy!